

Homemade liquid hand soap #1

Ingredients:

Two 5 oz. bars of pure castile soap non-fragrance if you want to use your own. (Lehman's, Kidron Ohio has this soap.

1 gallon of filtered or distilled water

Essential Oils or Vanilla Extract (optional) 6 drops work great, but you can use more if you want.

(Note: When using pure castile soap there's no need for the glycerin that so many other recipes call for as castile soap has natural glycerin in it.)

Directions:

1. Grate your little soap bars until you have a nice giant pile of shredded soap.



Keep grating...



There you go!



2. Heat up your water in a very large pot. (I'd get it to a boil if you're not using distilled water to kill any bad guys. Then turn the heat down until it's no longer boiling... just hot).

3. Stir in the soap. Keep stirring until all the little flakes are dissolved. Depending on the size of the grater, this can take a few minutes or go pretty quickly.

4. Remove mixture off heat and let it sit for 12 – 24 hours. This mixture will thicken during this time. (Stir occasionally throughout the day, but don't stress about it.)
3. Stir in your essential oils or vanilla extract, if using. Start small and put in enough until you get the right amount of "smell" for you.
4. Pour mixture into containers. This will make quite a bit. I was able to fill three soap dispensers and five other fairly large storage containers.

Enjoy your toxic-free, frugal, and easy homemade liquid hand soap.